

ReDoc's Interoperability to the Rescue

Sideline Physical Therapy won't be sidelined by CMS changes.

“ Therapists were doing ‘back flips’ when they saw how easy it (ReDoc) made FLR.”

—Brian Smith, Ph.D., proprietor, Sideline Physical Therapy

CHALLENGE |

Sideline Physical Therapy and Fitness Center, a nationally-recognized therapeutic outcomes leader in Martin, TN, faced the disruption of its efficient daily operations when a Medicare-mandated program called Functional Limitation Reporting (FLR) threatened to significantly increase the administrative workload for all of its therapists. Sideline employees were concerned about the documentation for new Functional Limitation Reporting (FLR). Records were now required to include patient function and condition data (via the selection of appropriate G-codes and severity modifiers), therapy services provided, and outcomes reporting. Therapists feared this obligation would detract from time spent seeing patients and, possibly, result in processing delays that could interrupt cash flow.

Facing this critical situation head on, the facility had four objectives:

1. Integrate information systems for easy and complete CMS reporting
2. Meet regulatory compliance requirements
3. Maintain cash flow
4. Sustain efficient daily operations

SOLUTION |

Sideline, which implemented ReDoc—a specialized therapy documentation solution—when the facility opened in 2003, had the foresight to adopt the integrated FOTO feature (Focus on Therapeutic Outcomes). FOTO is a web-based reporting system that more than 3,400 facilities use to assess patient function and progress against benchmarks from a national outcomes database of eleven million episodes of care.

FOTO's Functional Status Measures match CMS' recommendations for severity modifiers required under the new regulations. Since ReDoc is a specialized rehab therapy EMR that integrates G-code and modifier selection right into the visit workflow, Sideline therapists got up to speed quickly with the new documentation. From a management point of view, there was no lapse in therapist productivity or overall facility efficiency.

FOTO's risk adjustment and predictive analytics enable therapists to accurately monitor, compare, and predict patient treatment outcomes and progress. Scorecards and marketing tools within the software allow facilities to share results and national rankings—information that could be leveraged to increase referrals and garner attention as a top-ranked therapy provider in a region.

WINNING RESULTS |

- » Documenting compliance with the new FLR requirements was simple
- » Seamless integration between ReDoc and FOTO eliminated the need for duplicative patient data entry
- » No interruption in cash flow based on the new reporting standards
- » Therapists lost no time with patients and retained their productivity levels
- » Sideline's enduring outcomes leadership, including their top one percent performance in ankle rehab, is regularly marketed to all referral sources in the region
- » Sideline is well positioned for future payment reforms brought about by FLR data analysis