

## Therapy Functional Levels/MDS ADL and Mobility Crosswalk

Therapy Functional Levels	Section G MDS ADL Self-Performance Score (7-day lookback)	Section GG Self-care & Mobility Scores (First/last 3 days of Med A stay)	Section GG Prior Level Scores
<b>Dependent</b> Resident offers <u>no physical assistance with the activity</u> . Caregiver performs 100% of the task. One or more persons may be required to perform the activity.	<b>Total Dependence (4)</b> Resident required full staff performance <u>every time</u> the activity occurred during the 7-day look back period.	<b>Dependent (01)</b> Helper does ALL of the effort. Resident does none of the effort to complete the activity OR the <u>assistance of 2 or more</u> helpers is required for the resident to complete the activity	<b>Dependent (1)</b> A helper completed the activities for the resident
<b>Maximum Assistance</b> Resident performs up to 25% of activity. Caregiver performs 76-99% of the task. One or more persons may be required to assist with the activity.	<b>Extensive Assistance (3)</b> Resident performed part of activity over the last 7 days and help of the following type was provided 3 or more times: <ul style="list-style-type: none"> <li>• Weight-bearing support provided 3 or more times- or</li> <li>• Full staff performance of the activity 3 or more times during part but not all of the last 7 days</li> </ul>	<b>Substantial/Maximal Assistance (02)</b> Helper does more than half the effort. Helper lifts, holds, or supports trunk or limbs and provides more than half the effort.	<b>Needed Some Help (2)</b> Resident needed partial assistance from another person to complete activities
<b>Moderate Assistance</b> Resident performs up to 50% of the activity. Caregiver performs 26-75% of the task, assisting resident through all or part of the activity.		<b>Partial/Moderate Assistance (03)</b> Helper does less than half the effort. Helper lifts, holds, or supports trunk or limbs and provides less than half the effort.	
<b>Minimum Assistance</b> Resident performs up to 99% of the activity. Caregiver performs 1-25% of the task, while physically guiding or assisting resident through part(s) of task.			
<b>Contact Guard</b> Resident performs 100% of the activity. Caregiver <u>maintains contact for safety only</u> , but is not providing physical assist.	<b>Limited Assistance (2)</b> Resident highly involved in activity and received physical help in guided maneuvering of limb(s) or other non-weight-bearing assistance 3 or more times during the last 7 days	<b>Supervision or Touching Assistance (04)</b> Helper provides verbal cues and/or touching assistance and/or contact guard assistance as resident completes activity. Assistance may be provided throughout the activity or intermittently.	
<b>Stand-by-assist</b> Resident performs 100% of the activity. Caregiver is <u>within</u> physical contact of resident, but intervenes only if resident becomes at risk for falling.	<b>Supervision (1)</b> Resident required oversight, encouragement, or cueing 3 or more times during the last 7 days		
		<b>Set up or Clean-up Assistance (05)</b> Helper sets up or cleans up; resident completes activity. Helper assists only prior to or following activity.	
<b>Independent/Modified Independent</b> Resident performs 100% of activity. Resident demonstrates proper safety techniques throughout activity and does not require any type of assistance by caregiver. May require assistive device/adaptive equipment or increased time (modified independent).	<b>Independent (0)</b> Resident fully completed activity without any help or oversight <u>every time</u> during the 7-day look-back period	<b>Independent (06)</b> Resident completes activity by him/herself with no assistance from a helper	<b>Independent (3)</b> Resident completed the activities by him/herself, with or without an assistive device, with no assistance from a helper
	<b>7</b> – Activity occurred only once or twice, but not 3 times during the last 7 days <b>8</b> – Activity did not occur/was not performed by resident or staff during the last 7 days	<b>07</b> – Patient refused <b>09</b> – Not applicable <b>88</b> – Not attempted due to medical condition or safety concerns <b>10</b> – Not attempted due to environmental limitations	<b>8</b> – Unknown <b>9</b> -- Not Applicable